



# Polytrauma Transitional Rehabilitation Program (PTRP)

**Facilitating Community Reintegration  
for Active Duty & Veterans**



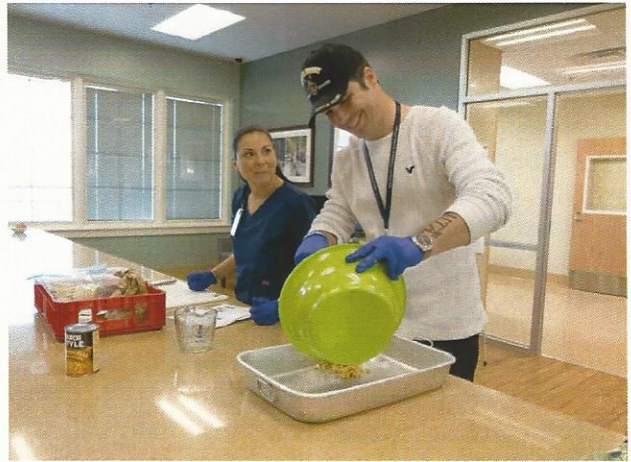
South Texas Veterans Health Care System  
Audie L. Murphy Memorial Veterans Hospital  
Polytrauma Transitional Rehabilitation Program  
4949 Gus Eckert Road  
San Antonio, TX 78240

## Who can benefit?

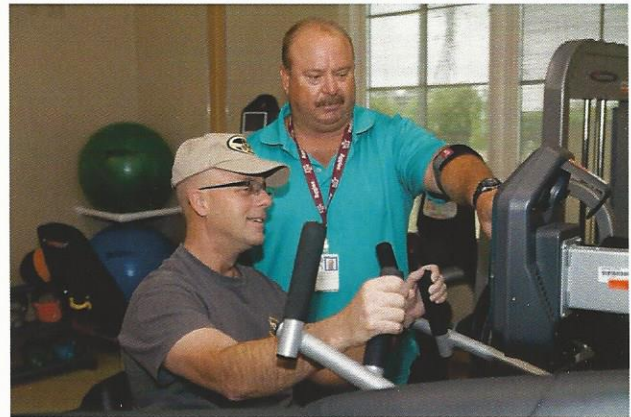
Our program was developed to address the multiple needs that can occur after serious injury that limit reintegration into the community. Some of the more common conditions we treat include:

- Traumatic Brain Injury
- Traumatic physical injuries (amputations, fractures, spinal cord injury, burns)
- Stroke and other neurologic conditions
- Musculoskeletal pain
- Social/emotional difficulties adjusting to serious injury (PTSD, depression, grief)

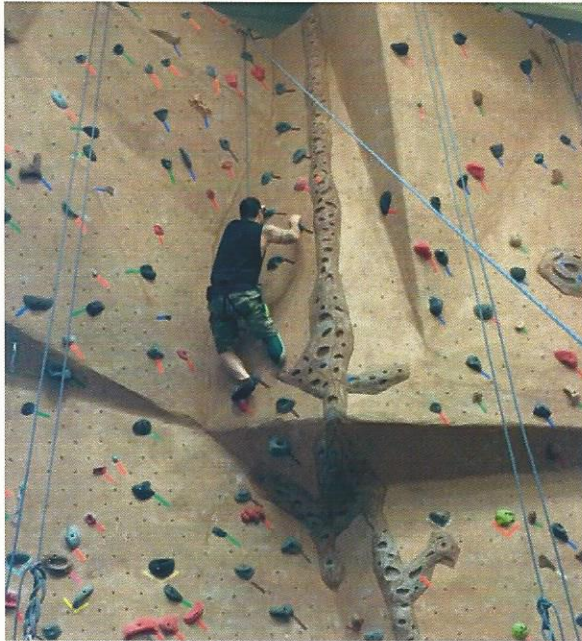
Through a comprehensive team approach, we treat issues involving physical mobility, cognition, mood, vision, pain, sleep, and dizziness that can occur as a result of these conditions.



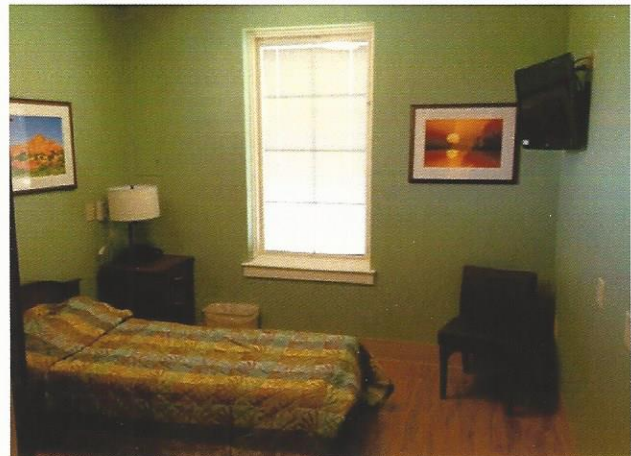
*Occupational Therapy*



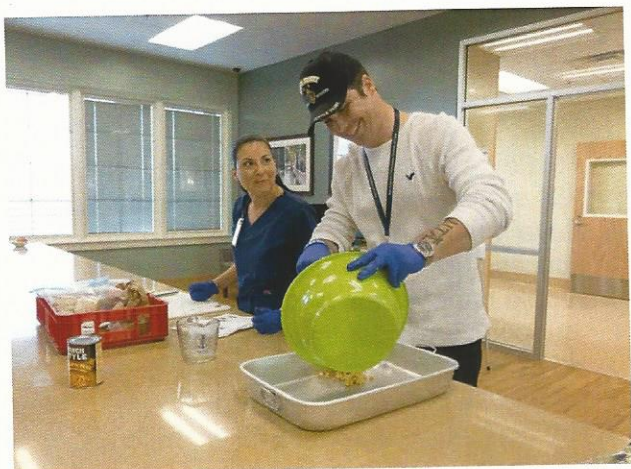
*Kinesiotherapy*



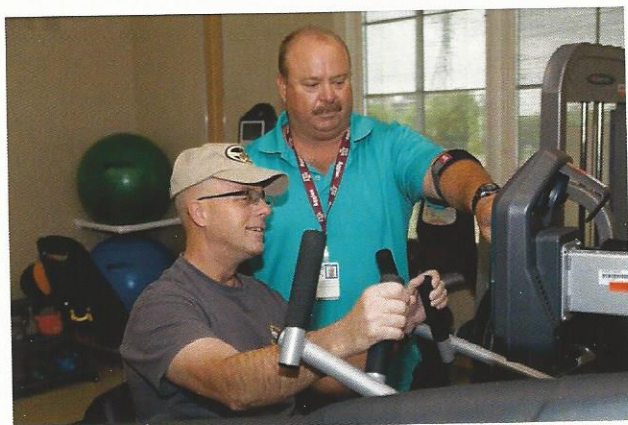
*Recreation Therapy*



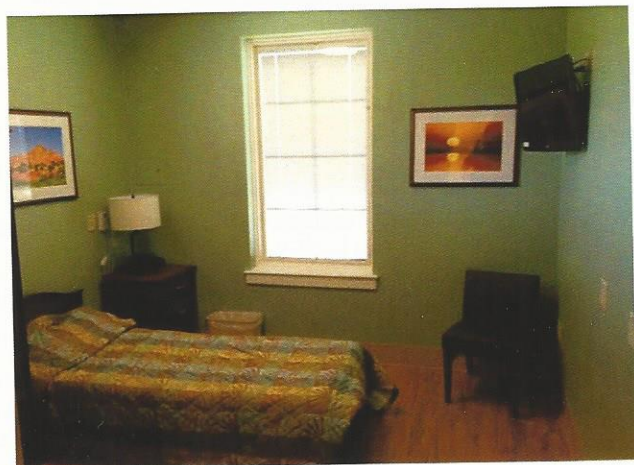
*Private Rooms*



*Occupational Therapy*



*Kinesiotherapy*



*Private Rooms*

## **FY 2015 Program Stats**

Average Length of Stay: 81 days

Average age of resident: 33 (range 19-56)

Six Months after PTRP Discharge:

- 60% of residents reported driving
- 56% of residents back to work
- 25% of residents enrolled in college
- 19% of residents actively volunteering

## **Role of the Polytrauma Transitional Rehabilitation Program (PTRP)**

- Provide comprehensive assessment for physical, cognitive, and social/emotional problems related to polytrauma injury.
- Provide individualized rehabilitation services in a residential setting that meets the needs of our Veterans, Service members, and their families.
- Develop and apply interdisciplinary treatment plans to maximize independence with a focus on vocational, educational, and community living skills.
- Provide proactive case management for existing and emerging conditions.
- Identify resources for VA and non-VA care.
- Coordinate seamless discharge to receiving military or VA health care team

## The Polytrauma Transitional Rehabilitation Program

Our healthcare staff offers expert knowledge and utilizes state-of-the-art technology to create an unparalleled rehabilitative experience unique to each resident. Our Veterans, Servicemembers, and their families collaborate with the interdisciplinary team to personalize their treatment plan. Individualized goals are established with the purpose of maximizing functional independence and a successful return to the community.



## The Polytrauma Interdisciplinary Team Includes:

- Chaplain
- Family Psychologist
- Kinesiotherapist
- Neuropsychologist
- Occupational Therapist
- Physical Medicine & Rehab Physician
- Physical Therapist
- Psychiatrist
- Psychologist
- Recreation Therapist
- Rehabilitation Nurse
- Social Work Case Manager
- Speech and Language Pathologist
- Vision Rehabilitation Specialist

## Admission Criteria

- Veteran or active duty Servicemember
- Medically stable
- At least modified independent with basic ADLs (may need supervision or queuing)
- Have multiple impairments that prevent successful community reintegration
- Would benefit from a structured and supportive residential living setting
- Have specific, time-limited goals that can be addressed by the program
- Not currently at high risk for harm to self or others
- Ability to participate in and benefit from therapy groups
- Willingness to participate in all aspects of the program

## Questions?

**PTRP Admissions/Referral Coordinator:**

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**PTRP Social Work/Case Manager:**

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**PTRP Neuropsychologist**

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*For more information, please visit:*

[www.polytrauma.va.gov/facilities/San\\_Antonio\\_PTRP.asp](http://www.polytrauma.va.gov/facilities/San_Antonio_PTRP.asp)

